

Illness Policy - When to Keep Your Child at Home

Fever:

- Temperature of 100 degrees or higher
- Must be fever free for 24 hours without fever reducing medicines

Diarrhea:

- Frequent loose or watery stools within last 24 hours

Vomiting:

- Within the last 24 hours
- Until vomiting resolves or a healthcare provider decides it is not contagious

Coughing:

- Severe uncontrolled coughing/wheezing that is uncomfortable to your child and/or disruptive to the music class

Appearance:

- Eyes: Eye redness and/or itching with a fever, excessive drainage, discomfort or eye rubbing
- Ears: Ear pain and/or drainage from ear
- Rash: Body or local rash especially with itching, red bumps, and/or discharge, unless it has been diagnosed and is not contagious
- Sore Throat/Strep Throat: Especially with fever, swollen neck glands and/or white areas on throat

Upper Respiratory Infections/Colds:

- If your child has flu-like symptoms or discolored nasal drainage with or without any of the above signs or symptoms of illness
- Please allow 24 hours for all antibiotics to take effect.

This information is based upon the PSD website "When to Keep Your Child Home: Recommendations from PSD Health Services." This list is not all inclusive. Our goal is to promote healthy environments for all FMS students and staff. Thank you for your cooperation!